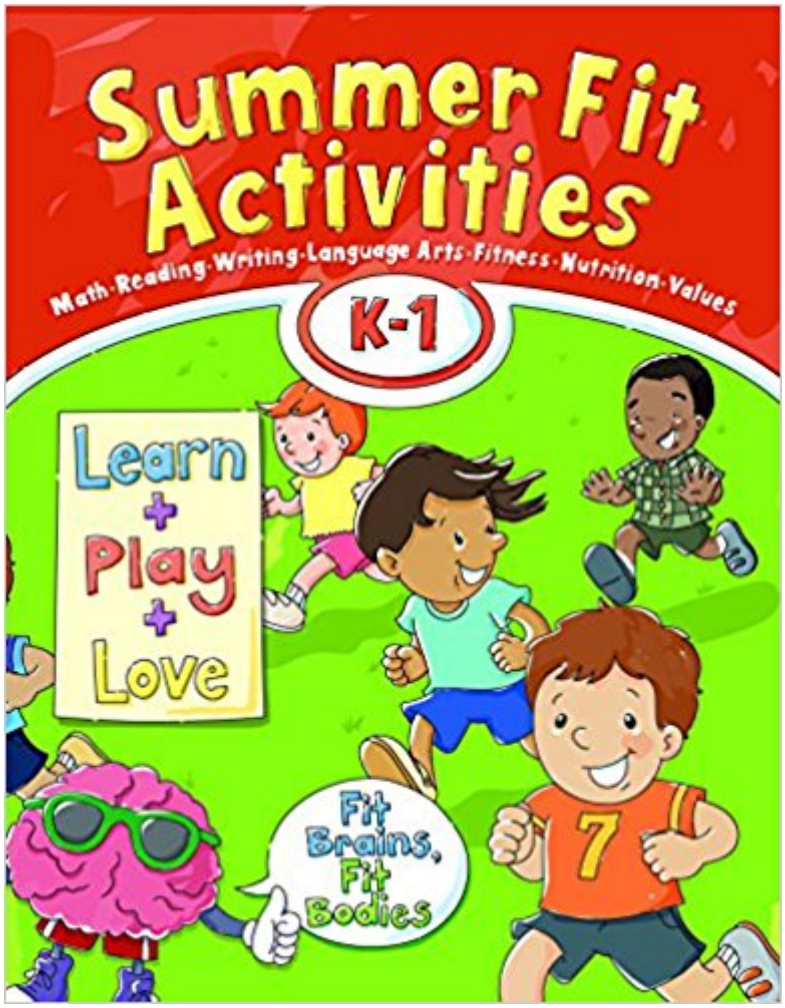
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Summer Fit, Kindergarten - First Grade



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Synopsis

Summer Fit Activities Kindergarten - First Grade is an engagingÃ Â workbookÃ Â that helps children learn and grow over the summer. It contains three different foundation pieces for child success: academics, health, and ethics with the study of role models including Nelson Mandela, Abe Lincoln and Kartick Satyanarayan from Wildlife SOS. Summer Fit Activities makes learning fun with colorful illustrations, family activities, fitness logs and incentive calendars. Summer Fit is easy to use for parents, caregivers and grandparents to guide and follow along as their childÃ¢â ¬â„¢s progresses throughout the summer. Daily lessons in academics and fitness are designed with a self-motivating incentive contract calendar program to help encourage guide and reward children to complete their work. Ã Â Summer Fit Activities uses an integrated approach to summer learning that includes all basic skills and focuses on non-cognitive and cognitive development. Ã Â * Daily lessons in reading, writing, math, language arts, science and geography * Supports National Standards * Promotes Whole Child Learning * Daily Fitness Program * Handwriting Practice * Summer Reading Program * Healthy Eating and Nutrition Section * Builds Confidence, Self Esteem, Empathy and Leadership * Reviews and Previews Grade Levels * Weekly Core Values reinforce positive social skills and behavior * Free online resources extend summer learning experience

Book Information

Paperback: 176 pages

Publisher: Active Planet Kids, Inc; Act Csm Pa edition (April 18, 2017)

Language: English

ISBN-10: 0998290211

ISBN-13: 978-0998290218

Product Dimensions: 8.3 x 0.6 x 10.8 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #876,764 in Books (See Top 100 in Books) #110 inÃ Â Books > Children's Books > Growing Up & Facts of Life > Health > Fitness #179 inÃ Â Books > Health, Fitness & Dieting > Exercise & Fitness > For Children #4460 inÃ Â Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > School

Age Range: 5 - 6 years

Grade Level: Kindergarten - 1

Customer Reviews

Active Planet Kids (APK) is an Active Lifestyle and Educational companyÃ Â that focuses on both cognitive andÃ Â non-cognitive development toÃ Â createÃ Â whole child learning experiences. APK products and resourcesÃ Â helpÃ Â parents and children build healthy lifestyles, leadership and social responsibilityÃ Â as part of theirÃ Â overall academic success. Kelly Terrill is an educator and mother of seven who knows what it takes to challenge her children to to strive for their unique, personal best. Balancing her life as an educator and mother Terrill is well organized, disciplined and committed to making a positive impact on her students/children. Kelly received her degree in education from the University of Utah and went on to work in Special Education and after-school programs before settling into her role as active parent and educator.

We try to keep the kids active with their lessons throughout the summer so they don't lose all of what they learned through the school year. This book is great because it is very well rounded from the lessons, to fitness and morals. The daily expectations is one page front and back and also has a reward that they can assign to themselves (worked out with mom & dad of course) so when they accomplish 10 days they earn the reward agreed upon. Very nice summer workbook.

I liked the old books way of weekly layout,otherwise I'd have given it a 5. My son is enjoying his workbook.

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